



Royal College
of Physicians

NHS

Stockport
NHS Foundation Trust

Mentoring skills for CESR champions

A workshop for CESR champions
Organised by Stockport NHS Foundation Trust

15 September, 13 October, 8 December 2021
and 11 January 2022 | 10am–4pm

9.30 registration

Virtual online delivery using RCP teaching platform



**5 CPD
credits**

This 1-day workshop will provide you with the skills, knowledge, and behaviours to enable you to effectively mentor SAS doctors. It has been tailored to the needs of SAS Doctors.

Objectives of the workshop

- > identify the role of a mentor
- > outline the basic structure of a successful mentoring relationship
- > use appropriate techniques, including objective setting and reviewing, to establish and sustain an effective mentoring relationship
- > recognise the ethical dilemmas that can arise in mentoring relationships
- > reflect on your own personal development needs as a mentor
- > explore the wider social and workplace challenges that SAS doctors can face
- > use appropriate practical techniques, including expectation setting and reviewing, to establish and sustain an effective mentoring relationship
- > manage and consider ethical dilemmas that can arise in mentoring relationships
- > discuss a variety of mentoring models and how they can be utilised in practice.

Who should attend?

This workshop is exclusive to CESR champions, SAS tutors /leads or SAS sub-specialty leads supporting CESR doctors from HEENW.

How to register

To register, please email sas@stockport.nhs.uk



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Health Education England