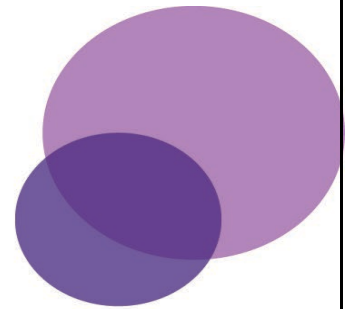


# logic health

supporting your career development



**Leadership and Management for Senior Doctors**

**1<sup>st</sup> March 2022**

**Stepping Hill**

Course Outlines including agenda and Learning Outcomes:

## Leadership and Management Workshop

1 x day

6 cpd points

### Introduction and aim

The NHS is changing and expects its' senior doctors to take active, professional participation in their leadership role. As clinicians, this role is not always one which is easily undertaken without help and support. That is why it is essential to have a grasp of the theories behind successful leadership and management.

This programme is designed to enable those doctors who want to ensure they have a practical, working knowledge of leadership theories take tips and techniques back into the work-place for immediate implementation

### Day 1: Programme Agenda

Introductions, Expectations & Key Learning Objectives, Explanation of the Importance of recording Key Learning Points.

### Module 1: Developing your Leadership Style(s)

- The NHS and the 7 principles of management
- Level 5 Leadership
- Developing Personal Leadership Qualities:
- Leading v Managing-what's the difference? Understanding your leadership responsibilities

### Module 2: Flexible leadership (also called situational leadership)

- The 4 flexible leadership styles
- When to use each style
- Delegation

### Module 3: Working with Others:

- Decision Making
- What makes a team perform to its highest standard?
- The 4 stages of team development and what role does the leader have at each stage?
- The 8 Belbin Team roles-which are you?
- Coaching the team

### Workshop Objectives:

- 🚩 At the end of this training, the delegate can:
- 🚩 Name the 5 levels of leadership
- 🚩 State 5 characteristics of an influential person
- 🚩 Give 3 reasons why we defer delegation
- 🚩 Name the 4 stages of how a team forms
- 🚩 State the 8 team roles with explanations for each
- 🚩 List 5 team building activities